

Most tea connoisseurs still prefer to use regular tea strainers in-stead of tea bags claiming that keeping the leaves encased in a bag, rather than freely circulating, inhibits diffusion and flavour.



BEVERAGES

Water	
Al Ain 330 ML	15
Al Ain 750 ML	25
Acqua Panna 250 ML	20
Acqua Panna 0.5 L	30
Acqua Panna 1 L	40
San Pellegrino 250 ML	20
San Pellegrino 0.5 L	30
San Pellegrino 1 L	40
Soft Drinks	
Pepsi, Diet Pepsi, 7-up, Diet 7-up Mountain Dew, Mirinda, Tonic Water, Soda Water, Ginger Ale and Bitter Lemon	30
Energy Drink	
Red Bull (regular and sugar free)	65

Traditional Arabic coffee is flavor rich with cardamom and sometimes other spices like saffron, cloves and cinnamon. It is served from a unique coffee pot called a dalla and is almost always accompanied with dates



THE DRAWING ROOM SWEET TREATS

Muffin	15
Croissant	15
Danish Pastry	15
Macaron	7
Individual Cake	45
Turkish Delight (100g)	40
Turkish Delight (500g)	200
Choco & Truffle	10
Whole Cake (1kg)	200

Moroccan mint tea remains today, as it has always been, specifically brewed along with other herbs in North Africa.

Traditionally, the head of the family prepares the tea and serves it to guests.



Earl Grey tea is a tea blend with a distinctive flavour and aroma which was specifically created for the English prime minister the Earl of Grey in the 1830's.



DAY TIME DELICACIES

The Club	95
Triple decker with chicken breast, turkey bacon, fried egg, avocado, tomato, onion and lettuce	
V Caesar Salad	65
Baby gem lettuce, parmesan cheese, anchovies and sour dough crouton	
<i>With grilled chicken breast</i>	70
<i>With grilled prawns</i>	85
Smoked Salmon	75
Served with sour cream capers and toasted brioche	
Asian Inspiration	75
Malaysian marinated chicken satay, crispy vegetable rolls and Thai fish cakes with sweet chili sauce and peanut sauce	
V Local Flavors	75
Assortment of hummus, fattoush, falafel and cheese sambousek served with Arabic pickles	
Grill Trio	90
Mini wagyu sliders with rocket leaves	
Lamb lollipops rolled with pistachio and green pea purée	
Tandoori chicken skewers with minted spiced raita, parathan and tomato and cucumber salad	
Angus Beef Burger	110
Char-grilled beef burger served with grilled turkey bacon, cheese, lettuce, mayonnaise and sliced pickled beetroot	

V VEGETARIAN

Food described within this menu may contain nuts or other ingredients, which in certain people can lead to allergic reactions. If you are allergic to nuts, or think you may suffer from other forms of food allergies, please inform your order-taker, who will be able to advise on an alternative choice.

All prices are in UAE Dirham and are inclusive of all applicable service charges, local fees and taxes.

HEALTHY JUICES AND MOCKTAIL

Freshly Squeezed Juices	30
Carrot, grapefruit, lemon and mint, orange, pineapple and watermelon	
Saadiyat Sunrise	45
Orange, pineapple, grenadine	
Homemade Lemonade	45
Apple Mockijito	45
Fresh mint and lime muddled with vanilla syrup and filled with apple juice	

SMOOTHIES

Mixed Berry Smoothie	40
Strawberry, blueberry, blackberry and non fat yoghurt	

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Turkish coffee is popular throughout the Middle East. Finely powdered roast coffee beans are boiled in a pot, with sugar according to taste, before being served into a cup where the sediment settles.



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ICED COFFEE

Regular Iced Coffee	40
Coffee Frapuccino	40
Caramel Frapuccino	40
Cinnamon Frapuccino	40

ICED TEA 40

Classic

Ceylon black tea leaves, squeezed lemon juice and sugar syrup

Blueberry Ice Tea

Natural infusion of blueberry, squeezed lemon juice and sugar syrup

Ginger And Rose Estate Ice Tea

Ginger & rose scented estate, squeezed lemon juice and sugar syrup

COFFEE SELECTION

Ristretto	25
Espresso	25
Mocha Latte	25
Double Espresso	30
Americano	30
Decaffeinated Coffee	30
Espresso Macchiato	30
Cappuccino	35
Café Latte	35
Hot Chocolate	35
Turkish Coffee	25

Croque Monsieur	90
Grilled shaved turkey ham and Gruyère cheese on country sour dough bread	

Tagliatelli	100
Served with crab meat, tiger prawns, buttered samphire and tarragon crème sauce	

V Asparagus	80
Buttered and grilled asparagus with lemon, pistachio and mint crumble served with hollandaise sauce	

CHILDREN'S MENU

Chicken Nuggets	55
With French fries	

Crispy Calamari	65
Tartar sauce	

Penne Bolognese	60
With Garlic Bread	

Ice Cream Or Sorbet	25
Per scoop	

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CLASSIC AFTERNOON TEA

195

Add a sparkling wine to your tea time for AED 240

Sandwiches & Savories

Smoked Salmon, Crème Fraiche, Caviar, Coronation Chicken, Curry Mayonnaise, Egg Salad, Chive, Quail Egg, Roast Beef, Cheese, Cereal Bun, Pickled Cucumber, Cream Cheese, Black Olive

Selection of fine cakes

Traditional English Fruit Cake, Choux Bun, Pistachio Cream, Seasonal Fruit Tartlet, Date Pudding, Caramel Sauce, Chocolate Opera Slice, Vanilla Macaroon Lemon Méringue

Freshly baked scones to include

Louis Roederer soaked golden sultana, Valrhona chocolate & plain Scone with Cornish clotted cream and selection of preserves

LOCAL AFTERNOON TEA

195

Sandwiches & Savories

Smoked Salmon, Crème Fraiche, Caviar, Coronation Chicken, Curry Mayonnaise, Egg Salad, Chive, Quail Egg, Roast Beef, Cheese, Cereal Bun, Pickled Cucumber, Cream Cheese, Black Olive

Selection of fine cakes

Aish al Saraya, Pistachio Burma, Namora, Baloria Baklava, Baklava Bokaj, Mafroukeh

Freshly baked scones to include

Louis Roederer soaked golden sultana, Valrhona chocolate & plain Scone with Cornish clotted cream and selection of preserves

Gluten free, dairy and vegetarian afternoon tea available on request with 24hours notice

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The Russian Podstakannik is a specially designed metal holder complete with handle used to support very hot glasses of traditionally enjoyed immediately after being brewing.



THE TEA MAKER'S PRIVATE RESERVE

PURE GREEN TEA

Emperor Sencha

45

Japanese green tea, subtle in taste and rich in vitamin C

HERBAL INFUSIONS

Blood Orange and Eucalyptus

35

An inspired blend of sweet orange, lemon and spice in a beautiful ruby red infusion

Natural infusion of Blueberry

35

A fusion of berry, orange and sweet fruit notes offer a delicious all-natural fruit, herb and spice flavour combination

Chamomile Flowers

35

A refined and elegant infusion, especially delicate due to the use only of the flower of the chamomile, without the stalk and other elements that can introduce coarssness

DECAFFEINATED

Decaffeinated Black Tea

35

Natural caffeine free ceylon black leaves

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Chai is a beverage from the Indian subcontinent made by brewing tea with a mixture of aromatic Indian spices and herbs known as Masa



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THE TEA MAKER'S PRIVATE RESERVE

GREEN TEA

Naturally lush in colour with a delicate flavour

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|---|-----------|
| Imperial China Natural Jasmine | 35 |
| A natural and ancient combination of fragrant Jasmine Flowers and Green tea. The pale liquor produces a finely balanced, natural jasmine tea softly enveloped with delicate jasmine | |
| Moroccan Mint | 35 |
| Green tea blended with smooth yet strong Sahara mint | |

THE ST. REGIS SIGNATURE TEA MIX

- | | |
|---|-----------|
| Ceylon Artisanal Spice Chai | 35 |
| An authentic chai recipe that combines artisanal clove, ginger, cinnamon and lemongrass with medium-strength Ceylon Single Estate tea, producing a very unique all-natural chai | |

TINY TEA AFTERNOON TEA

120

Sandwiches & Savories

Smoked Salmon, Crème Fraiche, Nutella, Banana, Almond Popsicles, Pickled Cucumber, Cream Cheese, Turkey Ham, Cheese, Mini Bun, Egg Salad, Chive, Smiley Face

Selection of fine cakes

Cupcake, Sable Emoji, Vanilla Macaroon, Chocolate Mousse Crumble, Mini Cones, Chocolate Brownie Popsicle

Freshly baked scones to include

Louis Roederer soaked golden sultana, Valrhona chocolate & plain Scone with Cornish clotted cream and selection of preserves

Gluten free, dairy and vegetarian afternoon tea available on request with 24hours notice

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The Yixing is a typical Taiwanese tea pot. Yixing teapots are used to brew tea intensely so that the surface of the teapot begins to glow. This process is called “raising the teapot”, which enhances the beauty of the clay.



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THE TEA MAKER’S PRIVATE RESERVE

BLACK TEA

Lover’s Leap Estate Pekoe	35
High elevation at which this exception tea was grown. Clear, amber liquor with highlights of gold and delightfully elegant and refreshing character	
Rilhena Estate Ceylon Souchong	40
Smoked gently over the embers of cinnamon wood for three days after fermentation. A rare tea that ranks as an equivalent of a fine Islay Malt Whisky	
Rilhena Pekoe 1	40
This tea is rich in flavour with a touch of malt and hints of fig and stewed fruit	
Mahagastotte BOP	35
Bright, medium-strength and refreshingly elegant; a tea with a sprightly and regal personality	
Darjeeling TGFOP	35
The most majestic amongst Indian Tea, Darjeeling Tea is grown in the foothills of the Himalayas. The leaves yield a golden orange liquor that offers a bright yet mellow tea, with the characteristic muscatel note	
English Breakfast	35
Strong and full-bodied with light floral undertones	

THE TEA MAKER’S PRIVATE RESERVE

BLACK FLAVOURED TEA

Mango Scented Dombagastalawa Estate	35
The alluring flavour and aroma of tropical mango produces a refined and delicious tea. The single estate tea partners with the fragrant and sweet flavour of mango to produce a beautifully harmonious tea	
Ginger and Rose Scented Dombagastalawa Estate	40
The rose maintains seductive balance with a mellow Dombagastalawa Estate Flowery Broken Orange Pekoe, with a finish that is luxurious and tinged with a throat-warming ginger flavour	
Single Estate Earl Grey	35
A robust and distinctive Earl Grey tea that is unique due to the combination of bergamot and a strong Ceylon Single Estate	
<h3>WHITE TEA</h3>	
Imboolpittia Silver Tips	60
The artfully handpicked silvery bud of Camellia sinensis with its soft, downy texture is supremely delicate. Silver tips are handmade and gently refined character, using only filtered sunlight	